



# Organisation and role of sport in the EU and its member states Assignments

Summer School in Human Sciences May 25-  
29, 2009

UNIVERSITY OF JYVÄSKYLÄ

# Course assignments

- **Preliminary assignments and group works**
- **Simulation Game**
- **Final assignments**
  - Learning log (2 ECTS credits)
  - Evaluation of the EU Physical Activity Guidelines: Recommended Policy Actions in Support of Health-Enhancing Physical Activity or evaluation of the Action plan "Pierre de Coubertin" + learning log (4 ECTS credits)

# Learning log

- Learning log, about 5-6 pages
  - What are the most important ideas that I got during this course and why?
  - How is this applicable to my country, own personal situation etc.?
  - How does this relate to my own experiences?
  
- Lectures + Learning log (2 ECTS credits)

# Learning Log 1/3

- The learning log provides a way for you to record your course-related learning activities and provides an opportunity to think about ideas discussed during class and reflect on what you learned during the class presentations, discussion and readings. Your learning log should **focus on your learning** and not degrade into a personal diary which is a chronological account of events that have occurred.
- It should reflect actual analysis, synthesis and interpretation of what you have learned. The learning log should provide you with an opportunity to identify relevant issues from the class material, allow you to make connections between what you have learned and your own personal experience (comparison with your country, city, sport club etc.) and provide you a way to sort your ideas and thoughts into a cohesive whole.
- Through your learning log you will demonstrate that you have given some critical thought to the material presented in the class and developed your own opinion on what you have learned.
- You can also concentrate one of the topics which may interest you most in the learning log.

# Learning Log 2/3

**The types of things that you might put into your learning log are:**

- How you reacted to the class presentations or discussions;
- What kind of questions popped into your head from the readings or discussions;
- How you reacted to something you read or discovered outside class time;
- How you related the information presented, read or discussed to your own personal experience;
- What things did you agree or disagree with from the material presented, discussed or read;
- What new knowledge did you gain from the material presented, discussed or read
- How you might apply what you learned in a future application.

# Learning Log 3/3

## Questions to ask yourself as you are writing your learning log:

- Am I just restating material presented in the class and in my readings or am I actually demonstrating analysis, synthesis, interpretation or insight?
- What are the connections I am making, what are the insights, what new idea, concepts do I now possess?
- Why is this new knowledge useful?
- How is this applicable to my own personal situation?
- How does this relate to my own experience?
- How might I do things differently in the future now that I have this new knowledge?
- What have I actually learned?
- Do I really believe what I am writing?

# Final Assignment

- Evaluation of the EU Physical Activity Guidelines: Recommended Policy Actions in Support of Health-Enhancing Physical Activity ([http://ec.europa.eu/sport/news/news682\\_en.htm](http://ec.europa.eu/sport/news/news682_en.htm)) OR Action plan "Pierre de Coubertin" ([http://ec.europa.eu/sport/white-paper/doc/sec934\\_en.pdf](http://ec.europa.eu/sport/white-paper/doc/sec934_en.pdf)) about 6-8 pages
  - How would it be possible to implement the guidelines or the action plan in your country?
  - You may give good examples from your country or give developmental ideas for utilisation
  - In your final assignment you have to use at least 5 references which should be mentioned in the reference list.
  - Follow the given instructions
- Lectures+Learning log + Individual Assignment (4 ECTS credits)

# Deadline

- The **deadline** for the learning log and final assignment is on **June 14, 2009**. Send them by email to Anna-Katriina salmik@sport.jyu.fi



# Assessment of the Individual Assignment and the Learning Log

- Content 2/3
  - Knowledge
  - Critical reflection
    - Why is this knowledge (issues) useful for me, my country, EU etc.?
- Structure and layout 1/3

## Assessment of the Course:

### 2 ECTS credits

- Learning log (lecture diary) 50%
- Active participation 20%
- Group works 30 %

### 4 ECTS credits

- Learning log (lecture diary) 30%
- Individual assignment 35%
- Active participation 15%
- Group works 25 %

## Feedback from the IP

- What was good about the course and its contents?
- What could be improved in the course and its contents?  
Please, suggest ideas for developing the course further.
- Other comments